



TRADITIONAL ABORIGINAL MEDICINE CHARTERED COURSE OF TRAINING

First Year

Book I

Lessons 1- 21. Anatomy & Physiology of the Human Body.

Gives a general outline of the body as a whole. All Systems of the body are covered, including:

- 1) Musculoskeletal.
- 2) Cardiovascular.
- 3) Gastro-intestinal.
- 4) Urinary.
- 5) Integumentary.
- 6) Nervous.
- 7) Reproductive.

Lessons 22-33. Pathology and Etiology of Disease.

General assessment and examination methods

- 1) Symptoms of acute and chronic disease
- 2) Treatment and care of various conditions giving
Herbal Formulae.



Second Year

Book II

Lessons 1-30. Herbal Medicine

- 1) History of Herbalism
- 2) Fundamentals
- 3) Principles and Factors of Scientific Medicine
- 4) Dietary Considerations
- 5) Herbal Remedy preparations, compounded and used in treatment.
- 6) Proper use of Herbal Medicines, including:
 - a) Stimulants.
 - b) Tonics.
 - c) Diuretics.
 - d) Diaphoretics.
 - e) Sudorifics.
 - f) Expectorants.
 - g) Demulcents.
 - h) Nervines.
 - i) Antispasmodics.
 - j) Alteratives.
 - k) Antiscorbutics.
 - l) Astringents.
 - m) Cathartics.
 - n) Purgatives.
 - o) Anthelmics.
 - p) Emmenagogues.
 - q) Selected Herbal Formulae for many ailments.
 - r) Information on when to gather various Herbs and how to mature them for use.
 - s) Nomenclature, Prescription Writing - phrases and abbreviations.



Second Year

Book III

I. Preparation of Herbal Medicine

II. Herbal Formulae for Chronic Diseases such as:

- 1) Asthma
- 2) Bronchitis
- 3) Sinus
- 4) Rheumatism
- 5) Arthritis
- 6) Prostate
- 7) Cancer
- 8) Type 2 Diabetes



Including: Herbal Infusions - Herbal Decoctions – Distillations – Tonics



Clinical Externship

- a. Oral and Hands-On Training by recognized Treaty Status Native Medicine Elders.
- b. Includes Externship through on-hands practice with patients at our Healing Clinic under the supervision of our Treaty Status Traditional Medicine Elders.

Final Examination

Students must pass an entrance examination held by Alberta College of Remedial Herbalists under the supervision of the Directors of the College.

Graduation

Graduates receive:

Diploma from Alberta College of Remedial Herbalists with the Chartered Title of: **Doctor of Traditional Aboriginal Medicine (ACRHA)**.

